



GP Name	
Surgery Name	
Surgery Address	

Date: __ / __ / ____

Dear Dr _____

Re: My summary care record (SCR)

My name	
My DOB	
My NHS number	

Following review in August 2024, the recommendation of the [AACE](#) (Association of Ambulance Chief Executives) is that 'red flags' for anyone who is steroid dependent, should no longer be used within ambulance trusts.



More information can be found here:

<https://www.addisonsdisease.org.uk/News/ambulance-update-2024>

These red flags were previously used to alert ambulance staff to my diagnosis of adrenal insufficiency, and to my time-critical need for emergency hydrocortisone treatment in the event of illness or injury to prevent adrenal crisis. Now that the 'red flag' system is no longer reliably active nationwide, it is important that ambulance staff can still quickly understand that I am steroid-dependent via my Summary Care Record (SCR).

In light of this, please could I request for the following checks to be made of my SCR, and any changes or updates to be promptly made as required:

1. Please could you ensure that my **Major Problems** list contains the most appropriate code for my condition. Examples could include “Adrenal insufficiency”, or “Addison’s Disease”. It is best not to use codes such as “Oral steroid therapy” *in isolation*, as this may not immediately convey the urgent need for IM injection of hydrocortisone in an emergency.
2. Please check that my hydrocortisone prescription, for use in an emergency injection IM, in the case of an adrenal crisis, is prescribed on my **current** repeat medication list (as opposed to past medication, or one-off prescriptions), as this will alert anyone accessing my SCR to my current and ongoing need for emergency steroid therapy in the event of illness or injury.

Many thanks for taking the time to attend to this – it is a significant step towards me receiving the correct care in an emergency.

Kind regards,

Name:

Tel contact no: